Eucharistic Schedule

Monday, January 22, through Sunday, January 28, 2018

Monday, January 22 7:00 a.m. Day of Prayer for the Legal Protection of Unborn	Mass	Readings: 2 Sm 5: 1-7, 10/Mk 3: 22-30 †Rosie Gray by Chuck Gray *Intention of Seledon Chávez by Ralph Chavez *Birthday blessing for Rita Bieri		
Tuesday, January 23 6:00 p.m. <i>St. Marianne Cope, Vigin</i> <i>St. Vincent, Deacon and Martyr</i>	Mass	Readings: 2 Sm 6: 12b–15. 17-19/Mk 3: 31-35 *Intention of San Clemente Religious Education Department *Intention of Seledon Chávez by Ralph Chavez *Birthday blessing for Robert Marshall by Fr. Jim Marshall		
Wednesday, January 24 7:00 a.m. St. Francis de Sales, Bishop and Doctor of the Church	Mass	Readings: 2 Sm 7: 4-17/Mk 4: 1-20 †Margaret Maggie Gallegos by the Family †Rosie Gray by Chuck Gray *Intention of Seledon Chávez by Ralph Chavez		
Thursday, January 25 6:00 p.m. <i>The Conversion of St. Paul,</i> <i>Apostle</i>	Mass	Readings: Acts 22: 3-16 or 9: 1-22/Mk 16: 15-18 †Will Schaaphok by the Flores & Mills Family †Daniel "Danny" Sanchez by Mom & Family †Salomón & Cecilia Vallejos by Consuelo Luna		
Friday, January 26 7:00 a.m. St. Timothy and St. Titus, Bishops	Mass	Readings: 2 Tm 1: 1-8 or Ti 1: 1-5/Mk 4: 26-34 †Rosie Gray by Chuck Gray †Sr. Catherine Platte by Dorothy Platte †Refugio & Abrana Carrillo by the Family		
Saturday, January 27 8:00 a.m. (San Antonio) St. Angela Merici, Virgin and Religious Founder	Mass	Readings: 2 Sm 12: 1-7a, 10-17/Mk 4: 35-41*Lucy Perea by Demecio Perea*Intention of San Clemente Religious Education Department*Intention of Karl & Pearl Bockisch by the Bockisch Family		
5:30 p.m.	Mass	Readings: 1 Cor 7: 32-35/Mk 1: 21-28 †Epimenia D. Valdez by Fred E. Valdez †Ernestina & Quinn Sanchez by Carla Nieto & Family †Manuel Padilla by Carla Nieto & Family		
Sunday, January 28		FOURTH SUNDAY IN ORDINARY TIME		
8:00 a.m.	Mass	*For the People of San Clemente Parish		
10:00 a.m.	Mass	*Marie Work by Fred Work & Family*Health & well-being of Terrance Delgado by Roxanne & Gene Delgado*Intention of Peter Marks by Godparents		
12:00 p.m.	Mass	 *Mayme Youngblood by Jeff & Ann Krom *Health & well-being of Ken Harris by the Family *In thanksgiving to the Infant Jesus of Prague by the Burton Family 		
5:30 p.m.	Mass	*Intention of Arianna Jaramillo by Godparents *Intention of San Clemente Religious Education Department *Intention of Emily Bockisch by the Bockisch Family		



Confession Schedule:

1/2 hour before each weekday Mass,3:30pm on Saturdays, or by appointment. No Confessions on Sunday or Monday.



The Sanctuary candle this week is for the Intention of James & Ana Seligman

Sanctuary candles may be purchased for five dollars and will burn **NEXT** to the Blessed Sacrament, in the Tabernacle in the main church. Intentions may be written on envelopes located in the pamphlet rack. Please **DO NOT** use your contribution envelopes for this prayer offering.

Weekly Parish Calendar

Monday, January 22, through Sunday, January 28, 2018

Monday, January 22

6:25 a.m./7:00 a.m. 4:00 p.m. 5:25 p.m. 6:00 p.m. 6:00 p.m. Tuesday, January 23	Rosary Recited/ Mass Religious Education k-3rd Rosary Recited Religious Education 3rd-6th, CIC Yr. I Mothers Prayer Group	Church Parish Hall/Portable Building Church Parish Hall/Portable Building Cry Room
6:25 a.m. 12:10 p.m. 1:00 p.m. 5:25 p.m./6:00 p.m. 6:00 p.m. 7:00 p.m. 8:00 p.m.	Rosary Recited Rosary Recited Rosary Makers Group Rosary Recited/ Mass Religious Education k - 6th, CIC Yr. II Saturday 5:30 p.m. Choir practice Rosary Recited	Church Church Parish Hall Church Parish Hall/ Portable Building Church Church
Wednesday, January 24 6:25 a.m./7:00 a.m. 10:00 a.m. 12:10 p.m. 5:30 p.m. 6:30 p.m. 8:00 p.m.	Rosary Recited/ Mass Lectio Divina - <i>Praying through the scriptures</i> Rosary Recited Rosary Recited Pre-confirmation, Confirmation Yr. I and II Rosary Recited	Church Parish Hall Church Church Parish Hall Church
Thursday, January 25 6:25 a.m. 10:00 a.m. 12:10 p.m. 4:00 p.m. 5:25 p.m./6:00 p.m. 6:00 p.m. 6:30 p.m. 7:00 p.m. 8:00 p.m.	Rosary Recited Legion of Mary Rosary Recited Parenting Class Rosary Recited/ Mass Boy Scouts Meeting 8:00 a.m. Choir Practice RCIA and Adult Confirmation Class Rosary Recited	Church Gathering Room Church Parish Hall Church Parish Hall Parish Hall Parish Hall Church
Friday, January 26 6:25 a.m. 7:00 a.m. 12:10 p.m. Saturday, January 27 7:25 a.m./8:00 a.m.	Rosary Recited Mass Rosary Recited Rosary Recited/Mass	Church Church Church San Antonio Church
6:45 p.m. (following 5:30 Mass) Sunday, January 28 7:00 a.m./8:00 a.m.	Rosary Recited 8:00 a.m. Choir practice/ Mass	Church Parish Hall/Church
7:00 a.m. 9:00 a.m./10:00 a.m. 12:00 p.m./4:00 p.m. 5:30 p.m. 6:45 p.m.	Rosary recited 10:00 a.m. Choir practice/Mass Mass/Youth Choir practice Mass Rosary recited/Life Teen	Church Parish Hall/Church Church/Parish Hall Church Church/Parish Hall

This matter requires IMMEDIATE ATTENTION



This year the flu is widespread in 46 states of the United States, New Mexico being one of the states that are listed by the United States Center for Disease Control and Prevention as having widespread flu outbreaks. The Archdiocese prays for those who are sick, and we pray for those whose deaths are attributed to the influenza. The CDC mentioned in a recent report that this is the first year the entire continental USA is at the same level of flu activity at the same time; also this year there has been a 5.8% increase in laboratory-confirmed cases over last year.

Due to the severity of the Flu Season the Archdiocese will be taking the following steps, in regards to the Celebration of the Mass:

- □ During the Sign of Peace instead of shaking hands, or hugging, as is practiced in some parishes, it would be best to simply nod your head and avoid bodily contact.
- □ When praying the Our Father, please do not hold hands. Simply fold your hands.
- □ Holy Communion will not be received under both species, just the Consecrated Host and not the Chalice.
- **Extraordinary Ministers of Holy Communion should wash their hands just prior to distribution Holy Communion and should wash them immediately after distribution. If it is easier, an anti-bacterial gel can be used.**
- □ If you are sick, sneezing or coughing, it would be best for you to stay home. You are welcome to take advantage of the Sunday TV Masses which are available in English and Spanish. It is not a sin to miss Mass on Sundays *if you are ill.*

Please pray for all who have lost their lives as a result of the flu, and may we do our part to prevent its spread.



The Presentation of the Lord

(Candlemas) is on Friday, February 2, 2018. You are invited to bring candles, salt and water from home to be blessed. (No oils, please).

There will be a Mass at 7:00 a.m. and 6:30 p.m.

Please bring your candles, salt, and/or water to church marked with your name, and place them on the table at the foot of the Sanctuary **BEFORE MASS**. You can pick your blessed candles up **AFTER MASS**.

The **First Saturday Mass** on February 3, 2018, will take place <u>one hour earlier</u> than usual! Mass will start at **8:00 a.m.** The blessing of throats will take place after this Mass as well as at the 5:30 p.m. Mass, for the feast of St. Blaise.





Faith Formation for Adults, Youth & Children

Religious Education office: 865-9370

OFFICE HOURS:

Monday : 1 pm to 3pm Tuesday : 1 pm to 5 pm Wednesday & Thursday: 9 am to 5 pm *CLOSED ON ERIDAYS*

"Whoever is near us and needing us must be our 'neighbor'; it does not matter whether he is related to us or not, whether he is morally worthy of our help or not. The love of *Christ* knows no limits. It never ends; it does not shrink from ugliness and filth."

St. Teresa Benedicta of the Cross

You must love your neighbor as yourself. Every person, no matter who they are, is your neighbor because God has put them in your life for a reason. Pray for the grace to know how to be present and provide for those around you.

Students will be receiving Fall Progress Reports in class this week. Students in Sacramental grades (1st Communion, Baptism, and Confirmation Year I and II), will receive them in the mail. Please review progress reports and turn in any outstanding blue sheets.

There will be a mandatory parent meeting the week of Monday, February 5th and Tuesday, February 6th. The meetings will be held during regular class times. Please arrange to attend one of the three meetings offered below. (If you have any questions please contact to Religious Education Office during business hours.)

- Monday: 4:05 p.m. or 6:05 p.m.
- Tuesday 6:05 p.m.

Confirmation Year I students will be on retreat Saturday, January 27th from 9am-2pm at San Clemente. Permission slips are due on Wednesday, January 24th.

Saint paper is due on January 31st for all Confirmation Year II students.

LITURGY CORNER

The rites of Baptism, the first Sacrament of Initiation, require a prominent place for celebration. Initiation into the Church is entrance into a Eucharistic community united in Jesus. **The baptismal font and**

its location reflect the Christian's journey *through* the waters of Baptism *to* the Altar showing the progression from Baptism to the reception of the



Eucharist. This integral relationship between the font and the altar is shown in the placement of the font. It should be placed in a special area of the church, one that is visible and accessible to all who enter the church building. As we enter into our worship space, we first encounter the baptismal font and dip our hands into water thus remembering our own Baptism. We also remind ourselves of our Baptismal promises and thus begin our preparation for the receipt of the Holy Eucharist. Water is the key symbol of Baptism and the focal point of the font. In this water we as believers die to sin and are reborn to new life in Jesus. The font is a symbol of both womb and tomb; its power is the power of the triumphant cross; and receipt of the Sacrament of Baptism sets us as Christians on the path to the life that will never end. Keep in your prayers those who will enter into the baptismal font at the Easter Vigil, thus beginning their full initiation into the Catholic Church. Gay Snell



February 2018 Baptism Class Dates

February 10 - Part 1

February 17 - Part 2

Classes are held in the Parish Hall at 7:00 pm.

Attendance is required at *both* classes for parents and sponsors for completion of Baptism requirements.

Please call the Parish Office for more information. 505-865-7385



GABRIEL PROJECT

The *Parenting Class* model is well established because of your generous donations and prayers. Thank you and God bless you!

January 2018 Parenting Class Schedule

January 25 - Stress Management

Parenting classes are held on **Thursday at 4:00pm** in the San Clemente Parish Hall. *All are welcome!*

We are grateful to the talented musicians, students and teachers, from the Los Lunas High School and Middle School Bands, who performed Carols for our Christmas Parade. Super performance!

We need a volunteer to co-facilitate the Gabriel Project Parenting Class Program. We also need volunteers on Thursday afternoons to help with meal preparation and childcare. If you can help, please call 865-7385, and leave a message for Julie. Due to your generous donations, we have been able to help a number of families. We help anyone who is pregnant and young families who are in need of baby equipment throughout Valencia County.

Due to a change in our storage status, we cannot accept baby equipment at this time, i.e.; pack-n-plays, and strollers. We are in need of diapers sizes 3, 4, & 5, baby wipes, and blankets for the winter. If you are able to help with these items, you can drop them off at the Parish Office during business hours.



The Saint John Paul II Adoration Chapel

at San Clemente Parish is open Monday through Friday, 8am - 5pm. Call the Parish Office at 865-7385 for more information.



St. Vincent de Paul 960 Main Street - Los Lunas

Open: Monday - Thursday Closed: Friday, Saturday & Sunday

Food Distribution hours: 12:00 - 1:00 p.m.

Store hours: 1:00 - 3:00 p.m. Any food or clothing donations accepted.

Drop off locations:

- St. Vincent de Paul during business hours
- San Clemente Parish Office during business hours
- San Clemente Church collection baskets (located at the entrance of the church)

Please do not drop off donations after business hours!

OLIFE TEEN

Life Teen is a Catholic High School Ministry. All high school students are invited to join us!

We meet every Sunday from 6:45p.m. - 8:30p.m.

January 2018 Schedule

January 21 - Life Night

January 28 - Life Night

Stay in touch with San Clemente Life Teen on Instagram and Snapchat

Help wanted!

We need help feeding our hungry teens. The Life Teen families are asked to sign up to bring meals for our weekly dinners. Meal suggestions: tacos, sandwiches, pizza, breakfast for dinner, spaghetti, sloppy joes, nachos, frito pies, hot dogs, burgers...anything! Sign up at signupgenius.com to bring a meal. Sign up by using our email address: <u>sanclementelifeteen@gmail.com</u>. You may also sign up by calling Dawn at 507-0214. Thanks for your help!

Heartbeat's OptionLine.org and 800-712-HELP (4357) (24-hour emergency helpline), are two resources that provide confidential guidance in English & Spanish, for those seeking guidance regarding pregnancies. You can also call:

Care Net Pregnancy Center of Valencia County 505-565-3838

Help Needed St. Vincent de Paul - Los Lunas

Mondays from 8am to 11am, to unload the food truck and to stock groceries; must be available to work *every* Monday. Call David Gallegos at 505-280-9632.

On behalf of San Clemente SVDP Conference, we would like to thank all of the parishioners for their extremely generous contributions during this past Holiday Season. We were able to give out over 200 food boxes for Thanksgiving and Christmas in addition to our regular monthly boxes. We would also like to thank Albertsons and Smiths for their donations to enhance the boxes, and Los Lunas High School Students and Staff.



4th Annual Fundraiser Bowling Tournament

Saturday, Feb. 10th 11:00 am-1:30 pm Isleta Fun Connection 4051 Hwy 47, SE

Cost: \$25.00 per person (Fee includes 3 games, shoes & ball)

1st Prize \$ 100.00 2nd Prize \$ 40.00 3rd Prize \$20.00



DOOR PRIZES AND MORE!

For More information please contact Aggie Peters: 505-866-1662 Sponsored by the Catholic Daughters of the Americas Court #2594 *Fr. Marshall and the San Clemente Catholic Daughters* invite all families who have a deceased loved one buried at the San Clemente Los Niños (Children's) Cemetery, to join us for an informational meeting on Tuesday, January 30th, at 7:00 p.m. in the Gathering Room. Please call the Parish Office at 505-865-7385 to RSVP, so we can plan accordingly.

Fr. Rick Zerwas, pastor of Sacred Heart Church, is hosting **Fr. Conrad Osterhout, CFR,** to give a mini-retreat on Thursday, January 25th & Friday, January 26th, 2018. The presentations will be in the Chapel and will begin at 6:30 p.m. each evening.

Fr. Conrad's talks are entitled:

- Near the Father's Heart: The Fathering of God and Our Love for Him
- Under the Mantle of Mary's Protection: God created Mary for Himself and for us.

Sacred Heart Catholic Church 309 Stover Avenue, SW Albuquerque, NM

505-242-0561

BRING THE VOCATIONS CHALICE TO YOUR HOME

Many of you have enjoyed the privilege of hosting the Vocations Chalice in your home.

We are currently seeking individuals or families who would also welcome the Vocations Chalice in their home.

When you bring the chalice home, we ask that you pray in front of it daily for the intention of vocations. You will be given a pamphlet with prayer ideas, and intentions you might include in your prayers.

If you are interested in hosting the Vocation Chalice, please call the parish office at 865-7385, and leave a message for Ann Krom.

FRIENDLY REMINDERS:

- Is your Abuse Awareness Training for Adults up to date? Adults 18 and over, involved in ANY Ministry, are required by the Archdiocese of Santa Fe, to be in compliance with this mandatory training. Please call the Parish Office to make sure your training is up to date!
- If you have a family member that is ill and needs the Anointing of the Sick or Last Rites, don't wait, call the Parish Office now!

~ FINANCIAL REPORT ~

Sunday, January 14, 2018

General Collection	\$ 7,940.00		
Building Fund Phase II	\$	806.00	
St. Vincent de Paul	\$	897.00	
St. Vincent de Paul San Antonio Mission	\$	20.00	



Are you new to our Parish?

We would like to welcome you and your family to San Clemente Parish.

Please pick up a pink registration form in one of the pamphlet racks located at the entrance of the church, fill it out, and return to us by dropping it in the collection basket, bringing it to the Parish Office, or mailing it to San Clemente Parish Office, P.O. Box 147, Los Lunas, NM 87031. You can also register online at

www.sanclementeparish.org

Already a member of our Parish?

Is your registration information up to date? It is important to notify us of any changes such as:

• Your current mailing address (very important for end of year contribution letters)

- Current phone number and email address
- New addition to the family? *Please note that anyone over the age of 18 should be registered on their own.

LOOKING AHEAD:

- San Clemente Parish welcomes Fr. Daniel Gutierrez for our Parish Lenten Mission on March 19th, 20th, & 21st. More details to come!
- Ash Wednesday Mass with distribution of ashes will be at 6:30 a.m., 12:10 p.m., 5:00 p.m. and 7:00 p.m.
- All Fridays during Lent will begin with Mass at 7:00 a.m., followed by Adoration. Benediction will take place at 5:45 p.m. followed by Mass at 6:00 p.m. and Stations of the Cross at 7:00 p.m. Confessions will be available during Stations of the Cross beginning the <u>Second</u> Friday of Lent.

~Preparing for Lent~

If you have blest palms from last year's Palm Sunday please do not throw them away; bring them to Church to be burned. Baskets will be available at the back of the church.

Let us make a conscious effort to take time for spiritual growth and preparation of our souls this Lenten Season by:

- Spending more time reading scripture and praying as a family.
- Planning to attend Stations of the Cross on Fridays during Lent.
- Spending a holy hour with Jesus in the Blessed Sacrament and attending Benediction.
- Going to Mass during the week and perhaps offering a ride to someone who needs one.
- Use this time for a deeper examination of conscience and repentance.



Adoration of the Blessed Sacrament is scheduled for the noon hour, in the church, each Monday through Thursday during Lent.

We will also have *Adoration of the Blessed* Sacrament, in the church, every Friday during Lent following the 7:00 a.m. Mass. Benediction will take place at 5:45 p.m., Mass at 6:00 p.m., followed by Stations of the Cross at 7:00 pm.

Please sign up for Adoration for at least one hour each Friday. It is important that there are enough adorers and that Our Lord is *never* left alone. It is also important that no one is left by themselves during their Holy Hour.

Please think and pray about what your Lenten devotions will include this season.

If you would like to learn more about *Adoration of the Blessed Sacrament*, or to sign up for a specific time, please call the Parish Office at 865-7385. You can also look for the clipboard and volunteer, in the entrance of the church, next weekend, to sign up.



THE BASICS OF LENT

WHAT IS LENT?

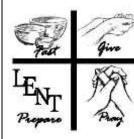
Lent is the annual preparation for Easter observance calling us to reform our lives and to open our hearts to the spiritual blessings God has promised to bestow on us. Lent begins Ash Wednesday and ends on Holy Thursday evening when the Triduum begins.

WHAT *MUST* I DO?

According to the Church's Canon Law, all healthy Catholics from age 18 to 59 are required to fast and abstain from meat on Ash Wednesday and Good Friday, and to abstain from meat on all other Fridays of Lent. Youth 14 and older are also to abstain from meat on those days. "Fasting" means that no more than two partial meals are eaten which together don't equal the one main meal.

WHAT SHOULD I DO?

Take the necessary steps to get yourself on the



road to conversion and spiritual renewal. To help you do this, the three main Lenten disciplines urged are prayer, fasting and almsgiving. We are invited during Lent to practice these

disciplines often. But these aren't just chores we must do because the Church strongly urges them; they are above all opportunities to grow in faith and in love for God.

PRAYER: Changes our relationship with God. Through prayer, we admit our need for a power that is greater than ourselves. We acknowledge our limitations and let go of the drive to control everything. In the process, we open ourselves to all that God has to offer us.





FASTING: Expresses our desire to find happiness in God rather than in the satisfaction of our physical needs. The control we gain over our appetites helps us recognize more deeply that all true and lasting pleasure comes from God. Knowing this we are freed to gratefully accept food and savor it, or to avoid or limit foods that we know are unhealthy for us. Through fasting, our relationship to ourselves is reoriented toward God.

WHY PRAYER, FASTING AND ALMS?

The Lenten basic practices of prayer, fasting and almsgiving are rooted in Jesus' original guidance about how to be his disciples that we find in the Sermon on the

Mount (Mt. Ch. 5-7). *The Catechism of the Catholic Church* (#1966-1972) also reminds us that Jesus here outlines for us the new law which, if we embrace and implement it, will lead us more surely to the interior



renewal and growth in holiness and perfection that Jesus expects of us as His disciples.

SHOULD I SET LENTEN GOALS?

Absolutely. Reflect prayerfully about your Lenten resolutions before making them. Then make yourself a list. But be modest. You may be setting yourself up for disappointment if you set unrealistic goals. And doing a little with love and devotion is spiritually more beneficial than trying to do much but doing it halfheartedly.



ALMSGIVING: Provides assistance to the poor among us and helps us recognize God as the true source of our security. Property and wealth exercise less control over us when we give away or share our wealth out of love for God and for others. Almsgiving is a way of bringing our

relationship to others into the orbit of Christ's love.

